

Acupuncture House Calls of Dallas

Kim Blankenship, L.Ac.

Today's Date: ____/____/____

Name: _____

Address: _____

City/State/Zip _____

Cell Phone: _____ Work _____ Home _____

Email: _____

Contact Person: Name/Relationship: _____

Cell Phone: _____

Occupation: _____

How did you hear about us? _____

Birth date: ____/____/____ Age: ____

Gender Identity (optional) ___ Male ___ Female ___ Transgender ___ Other _____

What are your primary reasons for seeking treatment?

1). _____

2). _____

3). _____

List all medications and/or supplements you are taking: _____

List serious illnesses, accidents or surgeries: _____

Check illnesses that have occurred in blood relatives: ___ High Blood Pressure ___ Stroke

___ Diabetes ___ Cancer ___ Heart Disease ___ Kidney Disease

Check conditions you have or have had in the past: ___ Diabetes ___ Cancer ___ AIDS

___ Allergies ___ Bleeding disorders ___ Breast lump ___ Arthritis ___ Anemia

___ Hepatitis (Type ____)

Please check symptoms that you currently have or have had in the past year:

MUSCLES/JOINTS/BONES

- Tremors or cramps
- Swollen joints
- Pain, weakness, numbness in:
 - Arms or hips
 - Back or legs
 - Feet
 - Neck
 - Hands
 - Shoulders
 - Other _____

**EYES/EARS/NOSE/THROAT/
RESPIRATORY**

- Asthma/wheezing
- Difficulty breathing
- Frequent colds
- Hay fever
- Sinus problems
- Nosebleeds
- Persistent cough
- Hoarseness
- Enlarged glands
- Gum problems
- Eye pain
- Blurred or failing vision
- Ringing in ears
- Loss of hearing
- Earache

SKIN

- Bruise easily
- Dry skin
- Sores won't heal
- Itching/rashes
- Boils
- Sweats
- Sensitive skin

GENITO/URINARY

- Frequent urination
- Inability to control urine
- Blood/pus in urine
- Kidney infections/stones
- Low libido

CARDIOVASCULAR

- High or low blood pressure (circle)
- Poor circulation
- Chest pain
- Hardening of arteries
- Rapid/irregular heart beat
- Previous heart attack
- Ankle swelling

GASTROINTESTINAL

- Nausea
- Indigestion
- Vomiting
- Diarrhea
- Constipation
- Hemorrhoids
- Excessive/poor appetite (circle)
- Belching, gas or bloating
- Difficulty swallowing
- Gall bladder problems
- Stomach pain

IF APPLICABLE:

- Erection difficulties
- Prostate problems
- Penile discharge
- Irregular menstrual cycle
- Excessive/scanty menstrual flow(circle)
- Extreme menstrual pain
- Bleeding between periods
- Clots
- PMS
- Previous miscarriage
- Menopause symptoms
- Could you be pregnant? _____
- Depression
- Excessive worry/anger/fear
- Fatigue/tiredness
- Loss of sleep/poor sleep
- Nervousness/irritability
- Weight loss/gain
- Dizziness
- Headaches
- Difficulty in focusing/concentrating
- Easily startled
- Overwhelmed by life

Signature _____

Date _____